



COL
SUMERS



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EVALUATING MY COMPETENCES
AND EXPECTATIONS IN CC
SELF-ASSESSMENT
SESSION 3

Session 2 – EVALUATING MY COMPETENCES AND EXPECTATIONS CC

□ Introduction

- Objectives
- Competences

□ Content

- Evaluation competences and expectations in Collaborative Consumption.
- Development of Self-assessment in terms of Collaborative Consumption .Building a personal CC. profile.
- Development basic Digital skills

□ Conclusions



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Introduction



Objectives:

- To evaluate competences and expectations in Collaborative Consumption.
- To identify the main needs of trainees .(Digital Skills)
- To evaluation expectations:What can I get/offer though CC .
- To build a Self-assessment profile both in a Collaborative Consumption.



Competences:

- Self-assessment Knowledge about collaborative consumption
- Digital skills to access collaborative consumption (defining what I want to do, what I need...).



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Duration:

- Face to face and online session: 2 hours

Material:

- Face to face and online sessions:
PowerPoint presentation
Questionnaires.
Table of Self-assessment



Initial questionnaire

Duration:



- 5-10 minutes

Material:

- Printed initial questionnaires
- Pens/pencils

Observations:

This questionnaire will be handed before the start of the self assessment and stored by the trainer until the last session, where the final questionnaire will be handed and compared to this one.



INITIAL

1. Do you use new technologies such as computers or smart-phones?

☐ Yes
Which one(s)? _____

☐ No

(The whole questionnaire is in the next page)



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1. Do you use new technologies such as computers or smart-phones?

☐ Yes

Which one(s)? _____

☐ No

2. Do you know the term Collaborative Consumption?

☐ Yes

☐ No (**END THE QUESTIONNAIRE HERE**)

3. Are you aware of any on-line platforms for Collaborative Consumption?

☐ Yes

☐ No (**skip to question 7**)

4. Which CC (Collaborative Consumption) on-line platforms do you know?

5. Have you used any?

☐ Yes

Which one(s)? _____

☐ No (**skip to question 7**)

Why not?



6. Have you encountered any serious difficulties when using them?

☐ Yes

☐ No

7. Do you know any off-line CC options?

☐ Yes

Which one(s)? _____

☐ No

8. Have you used any of these off-line options?

☐ Yes

☐ No

Why not? _____



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WHAT YOU WILL LEARN DURING THIS SESSION



1.- Evaluating your own strengths and weaknesses

2.- Analyzing what you could offer or need from collaborative consumption

3.- Main digital skills to start participating in CC through ICT Platforms.



4.-Developing a Self-assessment

A-What can I/we offer to the community of collaborative consumption.

B-What needs and expectations I have.

Contents



WHAT YOU WILL LEARN DURING THIS SESSION

3.- Main digital skills to start participating in CC through ICT Platform

Using a
computer or
tablet

Using the
internet

Using your e-
mail

Using an online
Collaborative
consumption
platform

Security and
data protection



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Contents

3. Main Digital Skill .-Using the internet: website, browser, navigation, search engine)

- How to use a browser?
- How to navigate on a website?
- How to find information on a search engine?

What is a browser?

A software used to access the internet

Visit and explore websites

View multimedia content

Navigate by clicking on links

Send e-mails and pictures, print

Browsers: internet explorer, firefox, safari, chrome



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Main Digital Skill .Using your e-mail: creating an e mail account, sending and receiving e-mails

**Open your
browser**

**Search for gmail
and click on the
link**

**Click on
creating an
account**

**Complete
the form
with
required
information**

**Accept the
terms and
conditions**



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Contents

Using an online platform the example of the <https://es.col-sumers.eu/> platform .

You will land on a page allowing you to create a new account

e-Training Platform (IO4)

An e-learning and e-training platform for the support of the Training Methodology implementation



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PRACTICAL CASE: VIDEO/web

- Video. Presentation video.- Internet Basics. Using search engines.
- <https://youtu.be/7RlB1CJovTs>
- Web. <https://edu.gcfglobal.org/en/internetbasics/what-is-the-internet/1/>



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PRACTICAL CASE: VIDEO

- A time bank is a system for exchanging services for time. In it the exchange unit is not the usual money but a measure of time, for example the hourly work. It is a system for exchanging services for services or favors for favors
- Video. Presentation through an explanatory video

<https://www.youtube.com/watch?v=aB8ifVJ34JU>



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Optional: Col-Summers LAB

Activity 9.3

Evaluating My Competences And Expectations in CC, Self-assessment

“Myself, a blooming flower”



□ Main idea

The main idea of this activity is to encourage you and evaluate your strengths and weaknesses regarding CC. The activity will help you to discover yourselves as well as the other members of your group and explore your similarities and differences.

□ You will need

Copies with the outline of a flower with as many petals as needed, one copy per participant, markers

□ Expected duration

60'

Let's go!



Conclusions

1. Analyzing what you could offer
2. Analyzing what you could need
3. Developing a Self-Diagnosis that could facilitate the identification of opportunities and interaction with the Community





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INSTITUTION

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For more information about the
project, please visit us:

www.col-sumers.eu